## Love your child.



**Immunizations protect your child** against these deadly diseases. Immunizations are one of the best ways to keep your child healthy.



**Vaccines are safe.** Children may feel mild fever or soreness. Serious side effects are very rare.



**Your child needs shots** at 2 months, 4 months, 6 months, 12 months, 15 months, 2 years, and at 4-6 years of age.



**To be fully protected,** your child must receive ALL the shots, on time, every time.



**Shots are required by law** for entry to licensed child care centers, preschools, and schools in California.



## Immunize your child.



**Call your doctor or clinic today** to make an appointment.



**Bring your child's yellow card** (immunization or shot record) to every doctor's visit.



**Schedule an appointment** for your child's next visit before you leave the clinic.



**If you miss an appointment,** call the clinic to reschedule.



You don't need insurance or a lot of money to get good healthcare. There are community clinics to serve you and your family, and to keep our community healthy.

For FREE or low-cost immunizations, call 1-800-427-8700.

Child must be accompanied by a parent or legal guardian.





## This doesn't hurt...



## ...as much as these do.



**Hepatitis A & hepatitis B** infections can cause loss of appetite, nausea, vomiting, jaundice (yellowing of the eyes and skin), liver failure, and death. Hepatitis B can also lead to liver cancer. A blood test is used to tell which type of hepatitis a person has.

Vaccines have reduced and, in some cases, eliminated many diseases that used to harm or kill babies and children. The viruses and bacteria that cause diseases still exist and can be passed on to those who have not had their shots.



Haemophilus influenzae type b (Hib) can cause meningitis (infection of the brain) that can result in hearing loss, seizures, or mental retardation.

Pneumococcal disease can cause infections of the blood, ear, and brain (meningitis); and pneumonia (infection of the lungs). Young children under 5 years of age are especially at risk for getting the disease and having complications.



**Diphtheria** can cause a thick covering in the throat which makes it hard to breathe. It can also lead to suffocation, paralysis (unable to move arms and legs), and heart failure.

**Tetanus** (lockjaw) can cause painful muscle spasms in the neck, arms, legs, back and abdomen. It can lead to "locking" of the jaw so the person cannot open his mouth or swallow. Tetanus can lead to death.





Pertussis (whooping cough) can cause coughing and choking that make it hard to eat or breathe. The cough can last for many weeks and result in brain damage or death, especially in infants under 1 year of age.



**Polio** is a sometimes crippling disease that can also cause paralysis (unable to move arms and legs), and death.



**Measles** can cause a rash, high fever, and cough. It can lead to pneumonia (infection of the lungs), brain damage, hearing loss, and death.

**Mumps** can cause fever, and swollen, painful glands under the jaw. It can lead to meningitis (infection of the brain), and hearing loss.



**Rubella** (German measles) is usually a mild disease in children that can cause a slight fever and rash. However, infected children can spread the disease to pregnant

women. Babies born to women with rubella can have severe birth defects such as hearing loss, heart problems, and brain damage.

Varicella (chickenpox) can cause a skin rash with itching that can become scarred. It can also lead to serious complications such as pneumonia, swelling of the brain, and possibly death.



Immunize vour child.